

# Valley Family Dentistry

## DENTURE CARE RECOMMENDATION

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### Denture Home Care Recommendations

Your beautiful new denture has been hand crafted to look as natural as possible. The individual colors in the gums will last if you properly care for them.

To protect the colors do not use bleaching products or any denture cleaners that have bleach in them. Brushing with a toothbrush and hot soapy water will remove daily debris.

For additional cleaning or for occasional longer soaking, we recommend using white vinegar (see below) which cleans while protecting the color tones.

### Denture Care Specifics

Use a solution of 1:1 water and white vinegar.

Soak denture in the vinegar solution for approximately 15 minutes while you are showering. This will make hard calculus/tartar deposits soft enough to remove with a brush.

Occasionally for stubborn stains leave over night in a cold solution of water and vinegar.

**Regardless of the cleaning protocol used, the temperature of the soaking solution should never exceed 122° F/50° C**